

**Life Group Study: Week 2**  
**9/22/2019 – Humility:**  
*The Path To Freedom*



## Getting Started

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This week we continued our series, “*Metamorphosis . . . Transformed by Truth*,” and learned that humility is the path to freedom. We are going to continue to explore the topic of our humility in our Life Groups this week. Don’t forget to use your **journal** or extra paper as you answer these questions.

## Getting to Know Each Other

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As you look back over your life, can you think of someone who has been an example of true humility? If so, how did they show their humility in practical ways?

### Action Step:

Ask the Lord if He wants you to send them a note of encouragement (email, letter, text, etc.) sharing how their example of humility has positively impacted your life.

## Study Questions

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1) Before this weekend’s message, how would you have defined humility?

➡ Was your understanding of humility challenged or impacted at all by the message? If so, how?

2) One of the most effective ways to “renew our minds” is to research God’s Word for what it says on a given topic. One way to do this is to use a “concordance” (often in the back of Bibles) which highlights key verses with a particular word. Here are five examples of verses with the word “humility” in them. Read each one and then write a short summary or observation of what it has to say about pride and humility.

- Proverbs 11:2
- Romans 12:3
- Isaiah 66:1-2
- Philippians 2:3-5
- James 4:6 & 10
- James 3:13-18

- 3) Of the above verses, which one speaks to you most, and why?
- 4) This weekend we learned that humility... is The Path to Freedom. Can you think of any times when humility led to new freedom in your life, or when pride led to bondage? If so, explain.
- 5) This weekend, Pastor Michael finished with the question, "Which path are you pursuing?" Find a quiet place and spend the next 10 minutes with God. Review this week's message and study, and then ask God to show you where you need to grow in humility or be set free from pride so you can experience more freedom. Then jot down your answers to these questions in your journal.

→ Do you sense God highlighting any areas where you need to grow in humility?

→ Are there any specific steps you need to take *this week*?

## Topical Prayer

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Prayer is an important part of each Life Group. Often those who are new to a Life Group are intimidated to pray aloud if they have never done it before. Others are so comfortable with prayer that they can take over the prayer time without meaning to. For these reasons, we suggest practicing topical prayer to help your group get comfortable praying together. Here are three basic guidelines:

### **1. Focus on a Single Topic/Request at a Time**

Anyone in the group is free to introduce a prayer request. Once a topic is introduced, one or two members pray for that request. Then the Life Group leader will direct the prayer time by opening it up for the next topic/request.

### **2. Pray Several Times Together**

By focusing on one topic at a time, each member has an opportunity to pray at different times for the requests they are most passionate about.

### **3. Keep Requests/Prayers Short and Simple**

By keeping both requests and prayers short and simple, everyone has a chance to share and pray. This helps those who are new to prayer feel more comfortable praying. It also helps everyone stay focused during your time of prayer together.